

Programme	Country	Language	Time	Length	Day	Band / Frenquency
Sound Words	Botswana	English	19:45	15	Tu	Vivid 33
Sound Words	England	English	17:45	15	Su	SAT 0138
Sound Words	England	English	15:30	15	Sa	SAT 0138
Sound Words	Faroe Islands	English	17:45	15	Su	SAT 0138
Sound Words	Faroe Islands	English	15:30	15	Sa	SAT 0138
Sound Words	Ireland	English	15:30	15	Sa	SAT 0138
Sound Words	Ireland	English	17:45	15	Su	SAT 0138
Sound Words	Lesotho	English	19:45	15	Tu	Vivid 33
Sound Words	Malawi, Mzimba	English	04:30	15	Su	FM - 106.4
Sound Words	Malawi, Dedza	English	00:00	15	Su	FM - 96.4
Sound Words	Malawi, Mvera	English	04:30	15	Su	FM - 91.1
Sound Words	Malawi, Mvera	English	00:00	15	Su	FM - 91.1
Sound Words	Malawi, Mzimba	English	00:00	15	Su	FM - 106.4
Sound Words	Malawi, Dedza	English	04:30	15	Su	FM - 96.4
Sound Words	Malawi, Ntchisi	English	04:30	15	Su	FM - 90.7
Sound Words	Malawi, Ntchisi	English	00:00	15	Su	FM - 90.7
Sound Words	Malawi, Blantyre	English	04:30	15	Su	FM - 89.1
Sound Words	Malawi, Zomba	English	00:00	15	Su	FM - 106.4
Sound Words	Malawi, Zomba	English	04:30	15	Su	FM - 106.4
Sound Words	Malawi, Blantyre	English	00:00	15	Su	FM - 89.1
Sound Words	Mozambique	English	19:45	15	Tu	Vivid 33
Sound Words	Northern Ireland	English	15:30	15	Sa	SAT 0138
Sound Words	Northern Ireland	English	17:45	15	Su	SAT 0138
Sound Words	Scotland	English	17:45	15	Su	SAT 0138
Sound Words	Scotland	English	15:30	15	Sa	SAT 0138
Sound Words	South Africa	English	19:45	15	Tu	Vivid 33
Sound Words	Swaziland	English	19:45	15	Tu	Vivid 33
Sound Words	United Kingdom	English	17:45	15	Su	SAT 0138
Sound Words	United Kingdom	English	15:30	15	Sa	SAT 0138
Sound Words	Wales	English	15:30	15	Sa	SAT 0138
Sound Words	Wales	English	17:45	15	Su	SAT 0138
Sound Words	Zimbabwe	English	19:45	15	Tu	Vivid 33